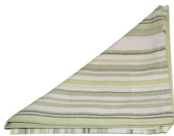


Wasteless lunch guide



PACK these wasteless lunch items as often as possible.



Wash and reuse cloth napkins.



Reusable cutlery can be washed at home.



Tap water is a waste-free, healthy choice.



Use your lunch containers over and over again.

Pack lunch in a reusable lunch bag.



Tip: Reduce packaging waste – look for snacks in bulk and pack them in reusable containers.



AVOID these disposable items as much as possible.



Lunch Planning Calendar

Create a weekly plan for packed lunches.

Reduce your food bill by planning, buying and storing smart.